

## ISD #318 GRAND RAPIDS AREA SCHOOLS

National School Lunch Hero Day May 2nd  Super Deli Sub w/ Garden Fresh Fixings Peas & Carrots Fresh Fruit Lowfat Milk Fresh Fruit Lowfat Milk Series Degres With fixings Spinach Salad Spinach S	MONDAY	TUESDAY	WEDNESDAY		THURSDAY		FRIDAY
National School Lunch Hero Day May 2nd    Chicken Nuggets   Super Deli Sub w/ Garden   Fresh Fixings   Meat Sauce   Lowfat Milk   Goldfish Crackers   Lowfat Milk   Goldfish Crackers   Lowfat Milk   Goldfish Crackers   Lowfat Milk   Lowfat Milk   Lowfat Milk   Goldfish Crackers   Lowfat Milk   Goldfish Crackers   Lowfat Milk   Lowfat Milk   Goldfish Crackers   Lowfat Milk   Mashed Potatoes   Tresh Freish F					Tomato Soup		Chicken Strips
Lunch Hero Day May 2nd    Comparison   Compa					Grilled Cheese Sandwich		Macaroni & Cheese
Chilled Applesauce   Cowfat Milk   Goldfish Crackers   Cowfat Milk   Goldfish Crackers   Cowfat Milk   Strown Rice Blend   Fresh Fixings   With fixings   Meat Sauce   Creamy Coleslaw   Tangy Cranberries		National School	ol		Broccoli Buds w/ Hummus		Garden Blend Salad
Chilled Applesauce   Cowfat Milk   Goldfish Crackers   Cowfat Milk   Goldfish Crackers   Cowfat Milk   Strown Rice Blend   Fresh Fixings   With fixings   Meat Sauce   Cramy Coleslaw   Tangy Cranberries		Lunch Hero D	av		Diced Pears		Vegetable Cup
Chicken Nuggets Super Deli Sub w/ Garden Fresh Fixings Garden Salad Pickle Spears Pickle Packes Pick		May 2ı	nď		Lowfat Milk		Chilled Applesauce
Brown Rice Blend Garden Salad Pickle Spears Refried Beans Pickle Spears Refried Beans Process & Carrots Presh Fruit Presh Pres	T C	1			Goldfish Crackers		
Brown Rice Blend Garden Salad Pickle Spears Refried Beans Pickle Spears Refried Beans Process & Carrots Presh Fruit Presh Pres						1	
Pickle Spears Crunchy Baby Carrots Zesty Salsa Scarrots Schilled Peaches Wyhummus W K Corn Chilled Peaches Scarrots Schilled Peaches Scarrots Schilled Peaches Scarrots Schilled Peaches Scarrots Scarrots Schilled Peaches Scarrots							
Crunchy Baby Carrots Pruit Cup Lowfat Milk Fresh Fruit Fruit Fresh Fruit Folinder Alfredo Creamy Chicken Alfredo Crisp Vegetables Fresh Fruit Lowfat Milk Fresh Fruit Fruit Cup Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit Fruit Cup Fresh Fruit Fruit Cup Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit Fruit Cup Fresh Fruit Fresh							
Fruit Cup Lowfat Milk Fresh Fruit Fruit Cup Fresh Fruit Fruit Cup Fresh Fruit Fresh Fruit Fruit Cup Fresh Fruit Fresh Fruit Fruit Cup Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit Fruit Cup Fresh Fruit Fresh Fruit Fruit Cup Fresh Fruit Fresh Fr	arden Salad	Pickle Spears	Refried Beans		Creamy Coleslaw		Tangy Cranberries
Lowfat Milk  Fresh Fruit  Fresh Fruit  Zesty Salsa  Lowfat Milk  Seasoned Green Beans  Sliced Apples w/Cinnamon  Sliced Apples w/Cinnamon  Lowfat Milk  12 Lowfat Milk  13 Cheese Stick  Chicken Patty/W G Bun  Shredded Lettuce  Chilled Peaches  Chilled Peaches  Chilled Peaches  Chilled Peaches  Cheery Mashed Potatoes  Cheery Mashed Potatoes  Cheery Mashed Potatoes  Cheery Mashed Potatoes  Cheery Sticks W/Ranch Dip  WG Dinner Roll  Fresh Fruit  Lowfat Milk  Lowfat Milk  Diced Pears  8 Lowfat Milk  Slowfat Milk  Spinach & Romaine Salad  Crispy Hashbrown  W/Balsamic Vinaigrette D  Mixed Vegetables  Chilled Applesauce  Lowfat Milk  Lowfat Milk  Lowfat Milk  Lowfat Milk  Lowfat Milk  Lowfat Milk  Trest Chilled Applesauce  Lowfat Milk  Cheese Stick  Clery Sticks w/Ranch Dip  WG Dinner Roll  Fresh Fruit  Lowfat Milk  Lowfat Milk  Chilled Applesauce  Cheery Sticks w/Ranch Dip  WG Dinner Roll  Fresh Fruit  Lowfat Milk  Chilled Peaches  Chilled Applesauce  Lowfat Milk  Chilled Applesauce  Chilled Appl	eas & Carrots	Crunchy Baby Carrots	Zesty Salsa		Steamed Green Beans		Broccoli Buds
S   Lowfat Milk   G   Lowfat Milk   T   S   S   S   S   S   S   S   S   S	ruit Cup	w/hummus	W K Corn		Chilled Peaches		W G Dinner Roll
Creamy Chicken Alfredo Spinach Salad With fixings Mashed Potatoes Spinach Salad Crisp Vegetables Fresh Fruit Lowfat Milk Lowfat Milk Lowfat Milk Lowfat Milk  12 Lowfat Milk Seasoned Green Beans Sliced Apples w/Cinnamon Shredded Lettuce Calico Beans Chilled Peaches Lowfat Milk Lowfa	owfat Milk	Fresh Fruit	Fresh Fruit		Lowfat Milk		Diced Pears
Spinach Salad Crisp Vegetables Chilled Peaches Chilled Peaches Chilled Peaches Chilled Peaches Chicken Patty/W G Bun Chicken Nuggets Cheesy Mashed Potatoes Cheesy Mashed Potatoes Cheesy Mashed Potatoes Chilled Potato w/sour cream Naan Chilled Potato w/sour cream Naan Chilled Potato w/sour cream Naan Naan Chilled Potato w/sour cream Naan Chilled Applesauce Lowfat Milk Lowfat Milk Chips Chilled Potato W/Sour Cream Naan Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Applesauce Crisp Veggies Chilled Applesauce Chilled Applesauce Fresh Fruit Chilled Peaches Chilled Applesauce Crisp Veggies Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Applesauce Fresh Fruit Chilled Peaches Chilled Applesauce Crisp Veggies Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Applesauce Crisp Veggies Chilled Applesauce Ch		5 Lowfat Milk	6 Lowfat Milk	7		8	Lowfat Milk
Refried Beans Zesty Salsa Lowfat Milk Zesty Salsa Lowfat Milk Seasoned Green Beans Sliced Apples w/Cinimomon Lowfat Milk Lowfa	reamy Chicken Alfredo	Hard Shell Taco	Shrimp Poppers		French Toast Sticks		Baked Penne w/meat sauce
Aresh Fruit Zesty Salsa Seasoned Green Beans Sliced Apples w/Cinnamon Lowfat Milk 12 Lowfat Milk 13 Cheese Stick 14 Lowfat Milk Lowfat Milk Lowfat Milk 15 Breadstick Chilcken Patty/W G Bun Shredded Lettuce Presh Fruit Lowfat Milk Lowf	pinach Salad	with fixings	Mashed Potatoes		Sausage Patty		Spinach & Romaine Salad
Chilled Peaches Sliced Apples w/Cinnamon 12 Lowfat Milk 13 Cheese Stick 14 Seasoned Green Beans Sliced Apples w/Cinnamon 12 Lowfat Milk 13 Cheese Stick 14 Seasoned Milk 15 Breadstick Chicken Patty/W G Bun Pickle Spears Chilled Spears Cheesy Mashed Potatoes Calico Beans Chilled Peaches Cleiry Sticks w/Ranch Dip Chilled Peaches Cheesy Mashed Potatoes Celery Sticks w/Ranch Dip Chilled Peaches Cheesy Mashed Potatoes Celery Sticks w/Ranch Dip Compart Milk Cheese Stick 14 Texas Chili w/cheese Garden Blend Salad Early June Peas Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Peach Chilled Peaches Lowfat Milk Chips Chilled Peaches Compart Milk Chips Chilled Peaches Compart Milk Chips Chilled Peaches Compart Milk Chips Chilled Peaches Creamy Potato Salad Baked Beans Creamy Potato Salad Sheed Beans Crisp Veggies Chilled Applesauce Chilled Applesauce Crisp Veggies Fresh Fruit Compart Milk Chilled Applesauce Chilled Applesauce Chilled Applesauce Crisp Veggies Fresh Fruit Chilled Applesauce Chilled Applesauce Crisp Veggies Fresh Fruit Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Applesauce Crisp Veggies Fresh Fruit Chilled Applesauce Crisp Veggies Fresh Fruit Chilled Applesauce Chilled Applesauce Crisp Veggies Fresh Fruit Chilled Applesauce C	risp Vegetables	Refried Beans	Veggies w/Hummus		Crispy Hashbrown		w/Balsamic Vinaigrette Dressii
Sliced Apples w/Cinnamon Lowfat Milk 13 Cheese Stick 14 Lowfat Milk Breadstick  Chicken Patty/W G Bun Shredded Lettuce Calico Beans Chilled Peaches Lowfat Milk Lowfat Milk Dowfat Milk Description Sloppy Joe/ WG Bun Pickle Spears Mediterranean Chick Pea Salad Veggie Cup Chilled Peaches Lowfat Milk Dowfat M	resh Fruit	Zesty Salsa	Whole Grain Bread		Tangy Tomato Juice		Mixed Vegetables
Sliced Apples w/Cinnamon Lowfat Milk 13 Cheese Stick 14 Lowfat Milk Breadstick  Chicken Patty/W G Bun Shredded Lettuce Calico Beans Wediterranean Chick Pea Salad Chilled Peaches Lowfat Milk 19 Cheez-its 20 Post-off Mediter Fresh Fruit Lowfat Milk 19 Cheez-its 20 Post-off Mediter Fresh Pilet Chilled Peaches Seasoned Rice Seasoned Rice California Blend Vegetables Chilled Peaches Chilled Applesauce Chilled Applesauc	owfat Milk	Seasoned Green Beans	Chilled Peaches		Fresh Fruit		Chilled Applesauce
12 Lowfat Milk 13 Cheese Stick 14 15 Breadstick Chicken Patty/W G Bun Shredded Lettuce Calico Beans Mediterranean Chick Pea Salad Veggie Cup Fresh Fruit Lowfat Milk Lowfat Milk 19 Cheez-its 20 21		Sliced Apples w/Cinnamon	Lowfat Milk		Lowfat Milk		
Cheesy Mashed Potatoes Calico Beans Fresh Vegetables Chilled Peaches Lowfat Milk  19 Cheez-its Seasoned Rice Seasoned Rice California Blend Vegetables Chilled Peaches Chilled Peaches Chilled Peaches Chilled Peaches Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Applesauce Chilled Peaches Chilled Peaches Chilled Peaches Chilled Applesauce Chilled Peaches Chilled Applesauce Chilled Peaches Chilled Peaches Chilled Peaches Chilled Peaches Chilled Applesauce Chilled Peaches Ch			3 Cheese Stick	14		15	Breadstick 1
Calico Beans Fresh Vegetables Chilled Peaches Comparison of Comparison o	hicken Patty/W G Bun	Sloppy Joe/ WG Bun	Chicken Nuggets		Texas Chili w/cheese		Pulled Pork /WG Bun
Veggie Cup Fresh Vegetables Chilled Peaches Lowfat Milk  19 Roasted Chicken Fillet/WG Bun Shredded Lettuce Seasoned Rice California Blend Vegetables Chilled Peaches Lowfat Milk Birthday Treat  Naan Fresh Fruit Lowfat Milk Lowfat Milk Lowfat Milk Lowfat Milk Chips  Lowfat Milk Lowfat Milk Chips  Assorted Sandwiches on WG Bread Crisp Veggies Fresh Fruit Lowfat Milk Lowfat Milk Fruit Cup Fresh Fruit Lowfat Milk Chips  Assorted Sandwiches on WG Bread Crisp Veggies Fresh Fruit Lowfat Milk Fresh Fruit Fresh Fruit Lowfat Milk Fresh Fruit Fresh Frui	hredded Lettuce	Pickle Spears	Cheesy Mashed Potatoes		Garden Blend Salad		Early June Peas
Veggie Cup Fresh Vegetables Chilled Peaches Lowfat Milk Lowfat Milk Lowfat Milk Lowfat Milk Lowfat Milk Lowfat Milk  19 Cheez-its 20 Roasted Chicken Fillet/WG Bun Shredded Lettuce Seasoned Rice California Blend Vegetables Chilled Peaches Lowfat Milk Presh Fruit Lowfat Milk Lowfat Milk Lowfat Milk Lowfat Milk Lowfat Milk Potato Chips	alico Beans	Mediterranean Chick Pea Sala	d Celery Sticks w/Ranch Dip		Baked Potato w/sour cream		Chilled Applesauce
Lowfat Milk  Lowfa	resh Vegetables	Veggie Cup	WG Dinner Roll		Naan		Lowfat Milk
NO SCHOOL Roasted Chicken Fillet/WG Bun Shredded Lettuce Seasoned Rice California Blend Vegetables Chilled Peaches Lowfat Milk Birthday Treat  19 Cheez-its 20 21 22  Roasted Chicken Fillet/WG Bun Shredded Lettuce Seasoned Rice Creamy Potato Salad WG Bread Crisp Veggies Fresh Fruit Lowfat Milk Lowfat Milk Lowfat Milk Potato Chips	hilled Peaches	Fresh Fruit	Fruit Cup		Fresh Fruit		Chips
NO SCHOOL  Roasted Chicken Fillet/WG Bun Shredded Lettuce Seasoned Rice California Blend Vegetables Chilled Peaches Lowfat Milk  NO SCHOOL  Roasted Chicken Fillet/WG Bun Creamy Potato Salad Baked Beans Crisp Veggies Fresh Fruit Lowfat Milk Lowfat Milk Birthday Treat  Rosorted Sandwiches on WG Bread Crisp Veggies Fresh Fruit Lowfat Milk Potato Chips	owfat Milk	Lowfat Milk	Lowfat Milk		Lowfat Milk		·
Shredded Lettuce Seasoned Rice California Blend Vegetables Chilled Peaches Lowfat Milk Shredded Lettuce Seasoned Rice California Blend Vegetables Chilled Applesauce Lowfat Milk Birthday Treat  WG Bread Crisp Veggies Fresh Fruit Lowfat Milk Potato Chips		19 Cheez-its 2	0	21		22	
Seasoned Rice California Blend Vegetables Chilled Peaches Lowfat Milk Cowfat M	NO SCHOOL	Roasted Chicken Fillet/WG Bui	n Hot Dog/W G Bun		Assorted Sandwiches on		
MEMORIAL DAY Chilled Peaches Chilled Peaches Lowfat Milk Lowfat Milk Dirthday Treat  California Blend Vegetables Chilled Applesauce Lowfat Milk Birthday Treat  Fresh Fruit Lowfat Milk Potato Chips	ACCOUNT.	Shredded Lettuce	Creamy Potato Salad		WG Bread		
MEMORIAL DAY Chilled Peaches Chilled Peaches Lowfat Milk Lowfat Milk Dirthday Treat  California Blend Vegetables Chilled Applesauce Lowfat Milk Birthday Treat  Fresh Fruit Lowfat Milk Potato Chips		Seasoned Rice	Baked Beans		Crisp Veggies		
Lowfat Milk  Lowfat Milk  Birthday Treat  Summer:	MEMORIAL	California Blend Vegetables	Chilled Applesauce				Have an
Lowrat Wilk Birthday Freat Potato Chips	DAY	Chilled Peaches	Lowfat Milk		Lowfat Milk		Suresome (
		Lowfat Milk	Birthday Treat		Potato Chips		ounmen:
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