






ISD #318 GRAND RAPIDS AREA SCHOOLS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| |  National School Lunch Hero Day May 2nd | | Tomato Soup Grilled Cheese Sandwich Broccoli Buds w/ Hummus Diced Pears Lowfat Milk Goldfish Crackers 1 | Chicken Strips Macaroni & Cheese Garden Blend Salad Vegetable Cup Chilled Applesauce Lowfat Milk 2 |
| Chicken Nuggets Brown Rice Blend Garden Salad Peas & Carrots Fruit Cup Lowfat Milk 5 | Super Deli Sub w/ Garden Fresh Fixings Pickle Spears Crunchy Baby Carrots w/hummus Fresh Fruit Lowfat Milk 6 | Soft Shell Taco with fixings Refried Beans Zesty Salsa W K Corn Fresh Fruit Lowfat Milk 7 | Cheese Bread Dunker w/ Meat Sauce Creamy Coleslaw Steamed Green Beans Chilled Peaches Lowfat Milk 8 | Roast Turkey & Gravy Mashed Potatoes Tangy Cranberries Broccoli Buds W G Dinner Roll Diced Pears Lowfat Milk 9 |
| Creamy Chicken Alfredo Spinach Salad Crisp Vegetables Fresh Fruit Lowfat Milk 12 | Hard Shell Taco with fixings Refried Beans Zesty Salsa Seasoned Green Beans Sliced Apples w/Cinnamon Lowfat Milk 13 | Shrimp Poppers Mashed Potatoes Veggies w/Hummus Whole Grain Bread Chilled Peaches Lowfat Milk Cheese Stick 14 | French Toast Sticks Sausage Patty Crispy Hashbrown Tangy Tomato Juice Fresh Fruit Lowfat Milk 15 | Baked Penne w/meat sauce Spinach & Romaine Salad w/Balsamic Vinaigrette Dressing Mixed Vegetables Chilled Applesauce Lowfat Milk Breadstick 16 |
| Chicken Patty/W G Bun Shredded Lettuce Calico Beans Fresh Vegetables Chilled Peaches Lowfat Milk 19 | Sloppy Joe/ WG Bun Pickle Spears Mediterranean Chick Pea Salad Veggie Cup Fresh Fruit Lowfat Milk Cheez-its 20 | Chicken Nuggets Cheesy Mashed Potatoes Celery Sticks w/Ranch Dip WG Dinner Roll Fruit Cup Lowfat Milk 21 | Texas Chili w/cheese Garden Blend Salad Baked Potato w/sour cream Naan Fresh Fruit Lowfat Milk 22 | Pulled Pork /WG Bun Early June Peas Chilled Applesauce Lowfat Milk Chips 23 |
| NO SCHOOL  | Roasted Chicken Fillet/WG Bun Shredded Lettuce Seasoned Rice California Blend Vegetables Chilled Peaches Lowfat Milk 27 | Hot Dog/W G Bun Creamy Potato Salad Baked Beans Chilled Applesauce Lowfat Milk Birthday Treat 28 | Assorted Sandwiches on WG Bread Crisp Veggies Fresh Fruit Lowfat Milk Potato Chips 29 |  |

All Menus are subject to change

NOTE: TOMATO SOUP IS MADE WITH WATER, NOT MILK.